USE OF A TRANSFER BELT FOR TRANSFERS

Transfer belt is positioned snugly around client’s waist:

Correct position
Normal use

Use here only if client has colostomy bag or is pregnant.

Transfer belt used for transfer and/or walking:

Client moves hips forward in chair.

Care provider puts T. belt around waist and encourages client to push down on armrests of chair.

OR

Care provider grasps loops, pulls and holds client towards self. Care provider stands up drawing client up into standing position.
USE OF A TRANSFER BELT FOR ASSISTED WALKING

Transfer belt used for transfer and/or walking continued…

Upon standing, belt will need to be tightened.

PLEASE REMOVE TRANSFER BELT AFTER TRANSFER OR WALK.

DO NOT:

Put belt over someone’s head OR Thread your hand or forearm through straps
Workers are advised not to thread their hand through one strap to hold the other - if something goes wrong they will not be able to detach from client and their shoulder will be 'toast'.

When holding the vertical straps, workers are advised not to have their thumb in the loop but on top of the loop - again for easier release of belt.

The Transfer Belt is not for lifting - it is to be used to hold the client in to your body - to secure the load - and then the worker stands up. If the client needs to be lifted we would recommend a Sit / Stand Lift or the Total Lift (Hoyer).

I'm not sure what the ambulance guys / gals would think of its use but I would venture to say that they would be horrified by the pictures - they would want to keep the spine straight and avoid direct pressure over / on any one site.

The Transfer Belts are absolutely wonderful if used correctly and a real menace if used incorrectly.

Monica